

## USEFUL RESOURCES FOR YOUNG PEOPLE AT HOME

### **For work set by your subject teachers:**

Show My Homework – [www.satchelone.com/login](http://www.satchelone.com/login)

Doddle - [www.doddlelearn.co.uk/app/institution/Helsby](http://www.doddlelearn.co.uk/app/institution/Helsby)

Hegarty Maths – [www.hegartymaths.com](http://www.hegartymaths.com)

### **General education resources (by subject):**

BBC Bitesize - [www.bbc.co.uk/bitesize](http://www.bbc.co.uk/bitesize)

Twinkl - [www.twinkl.co.uk](http://www.twinkl.co.uk)

### **Physical activity:**

Joe Wicks (live stream 9am every morning) - [www.youtube.com/thebodycoachtv](http://www.youtube.com/thebodycoachtv)

### **Emotional wellbeing:**

Smiling Mind - [www.smilingmind.com.au](http://www.smilingmind.com.au)

Yoga for young people - <https://www.youtube.com/channel/UCZkbiujyDoXqoPPr5D74I7A/videos>

### **Staying Safe Online:**

Thinkuknow - <https://www.thinkuknow.co.uk/>

CEOP - <https://www.ceop.police.uk/safety-centre/>

### **Activities to do indoors:**

Scouts - [www.scouts.org.uk/the-great-indoors](http://www.scouts.org.uk/the-great-indoors)

GoNoodle - [www.gonoodle.com/good-energy-at-home-kids-games-and-videos](http://www.gonoodle.com/good-energy-at-home-kids-games-and-videos)

Edinburgh Zoo (live webcams)- [www.edinburghzoo.org.uk/webcams/panda-cam/#pandacam](http://www.edinburghzoo.org.uk/webcams/panda-cam/#pandacam)

Buy a Gift free activities (scroll down to 'Hobbies & Skills' and 'Activities for Kids' - [www.buyagift.co.uk/things-to-do-at-home](http://www.buyagift.co.uk/things-to-do-at-home)

Chester Zoo (virtual zoo days) - [www.chesterzoo.org/](http://www.chesterzoo.org/)

### **General:**

Newsround - [www.bbc.co.uk/newsround](http://www.bbc.co.uk/newsround)

National Geographic - [www.natgeokids.com/uk](http://www.natgeokids.com/uk)