

USEFUL RESOURCES FOR PARENT'S

For work set by your child's subject teachers:

Show My Homework – www.satchelone.com/login

Doddle - www.doddlelearn.co.uk/app/institution/Helsby

Hegarty Maths – www.hegartymaths.com

General education resources (by subject):

BBC Bitesize - www.bbc.co.uk/bitesize

Physical activity:

Joe Wicks (live stream 9am every morning) - www.youtube.com/thebodycoachtv

Emotional wellbeing:

Smiling Mind - www.smilingmind.com.au

Yoga for young people - <https://www.youtube.com/channel/UCZkbiuiyDoXqoPPr5D74I7A/videos>

Staying Safe Online:

Thinkuknow - <https://www.thinkuknow.co.uk/>

CEOP - <https://www.ceop.police.uk/safety-centre/>

A parent's guide to social media -

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/490001/Social_Media_Guidance_UKCCIS_Final_18122015.pdf.pdf

Activities to do indoors:

Scouts - www.scouts.org.uk/the-great-indoors

GoNoodle - www.gonoodle.com/good-energy-at-home-kids-games-and-videos

Edinburgh Zoo (live webcams)- www.edinburghzoo.org.uk/webcams/panda-cam/#pandacam

Buy a Gift free activities (scroll down to 'Hobbies & Skills' and 'Activities for Kids' - www.buyagift.co.uk/things-to-do-at-home

Chester Zoo (virtual zoo days) - www.chesterzoo.org/

General:

Newsround - www.bbc.co.uk/newsround

