



September 2019

Dear Parent/Guardian,

The NCS (National Citizen Service) are due to attend your son/daughter's school to discuss the Autumn 2019 programme with Year 12 students. NCS is a nationally recognised programme for those aged 16-17 which takes place during non-term time. It's a great way for young people to learn the skills for work and life they need to succeed in the future, whilst having an amazing time.

When we visit to give a presentation about NCS, all students will have the chance to show their interest by completing a form and returning this to school. They can then sign up for the programme online through the NCS website or through the NCS Contact Centre.

### What happens on NCS?

- **ADVENTURE: Phase 1** - Feel the freedom of the outside world for five days away from home, taking on adrenaline-fuelled activities like rock climbing, canoeing and archery. Your team will cheer you along every step of the way, sharing in every challenge, every success. Then you'll have a few days back at home for a much-needed rest!
- **DISCOVERY: Phase 2** - Next up, you'll spend a few days developing you. You'll meet with local business leaders and pick up all kinds of useful skills for your future. From practising speaking in public to learning how to budget, you'll get A LOT out of this phase.
- **SOCIAL ACTION: Phase 3** - Now it's time to make your mark. Back at home, you and your team will devise a social action project based on an issue you feel passionate about. You have the skills and confidence to do anything – the more original, the better! This is your chance to feel proud by making a real difference in your community.
- **CELEBRATION: Phase 4** - Finally, take stock of all you've done. You'll have overcome challenges, pushed yourself into new and exciting territories, and had experiences you never thought possible. Celebrate your achievements with your fellow NCSers at one great event before exploring all the opportunities NCS opens up to you. This is just the beginning!

NCS costs £25, with all meals and activities covered. We may be able to offer bursaries to those who need financial support.

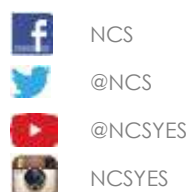
Want to find out more in the meantime? Contact us at [askncs@ingeus.co.uk](mailto:askncs@ingeus.co.uk).

Ingeus is the lead organisation delivering NCS in East Anglia..

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NCS Trust is a not-for profit social enterprise established to shape, support, champion and lead a thriving National Citizen Service (NCS). NCS Trust, 131-151 Great Titchfield Street, London, W1W 5BB



[NCSINGEUS.CO.UK](http://NCSINGEUS.CO.UK)