**Mental Health Ambassadors**

Twelve of our Sixth Form students have taken part in a 2 days training programme, run by CAMHS, a 2-day training programme with CAMHS, to enable them to become Mental Health Ambassadors. The students will be looking offer peer support to other students in school. Emily in Year 13 is applying to study Medicine at university: “This has been an enlightening although sometimes sobering experience, and has given us the skills we need to help our peers who may be struggling with mental health issues, from stress, to more severe conditions. We all have mental health, and we all need to look after ourselves, so I hope we will be able to support students how to do this in the best way."

**Sixth Form Learning Support Mentors**

Year 12 students have taken on the roles of Learning Support Mentors working with the SEN department. Our students are working with students in the lower school, supporting them in lessons, including practical support in subjects like Food Technology. Students attend training sessions to better equip them to support students with ASC and ADHD as well as being taught strategies to help student with dyslexia and dyscalculia. The mentors also go through an appraisal process to ensure they are supported in the role as well as get to experience of a realistic working environment.

“I became a mentor to develop my communication skills for a future career in Drama” Catrin – Year 12

“I am developing my social skills as well as gaining experience of working with children with additional needs. It is important for me to be seen as a positive role model” Mark – Year 12
Matilda the Musical

On Wednesday 26th September 50 pupils from Year 8 to Year 10 went to watch Matilda the Musical at the Manchester Palace Theatre. It was AMAZING! It was the best musical I have ever seen. It was so good I was speechless. My favourite bit was when Bruce Bogtrotter was caught by the terrifying Miss Trunchbull stealing a slice of cake. As a punishment Bruce had to eat the most enormous, sticky and sickly looking chocolate cake you’ve ever seen. It was magical how the huge cake disappeared as though Bruce had eaten it. It was really funny. The dancing and singing was amazing and all the children who performed knew all their lines and dance moves so professionally. Matilda even spoke in Russian! We also got filmed on the way in by the BBC and our interviews were shown on BBC 1 Breakfast the next morning.

Helsby Sixth Form
Open Evening

For all prospective Sixth Form students and their parents

Tuesday 23rd October 2018
5:30pm – 7:30pm

Headteacher and Student Leaders Welcome
at 6:00pm and 6:30pm

We are a Sixth Form which offers a balance of independence and support

We offer:
- Consistently excellent academic results
- Quality teaching
- Successful progression (80% go onto University and Higher Apprenticeships)
- High quality personalised support and guidance
- Exciting leadership and enrichment opportunities

For further information please visit our website: www.helsbyhigh.org.uk

Chester Road, Helsby, Cheshire WA6 0HY
01928 723351

School Calendar

- 1st Oct to 5th Oct - Yr 12 Health & Social Care Work Experience Week
- 1st Oct & 9th Oct - Yr 6 Open Mornings supported by Yr 8
- 2nd Oct - PCSO Surgery at lunchtime
- 3rd Oct - Yr 10 & 11 Trip to Macbeth at The Lowry
- 8th Oct - PCSO Surgery at lunchtime
- 11th Oct - Yr 10 Assembly by Cheshire Police on Sexting
- 17th Oct - Yr 7 & Yr 12 Pastoral evening

11th Oct - Yr 10 Assembly by Cheshire Police on Sexting

18th Oct till 21st Oct - Yr 11 History Trip to Berlin
23rd Oct - Yr 11 into Sixth Form Evening
23rd Oct - PCSO Surgery at lunchtime
26th Oct - Yr 12 Geography Trip to Delamere

British Values:

Thought for the Month

‘The thoughts and answers of all should be respected.’