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Dear Parent/Carer

As part of our PSHE programme at Helsby High, we have invited Teenage Cancer Trust to speak to our students about cancer and health. Teenage Cancer Trust's national Understanding Cancer Education Programme is endorsed by the Government¹ as it raises awareness of cancer which can lead to earlier diagnosis of cancer in the long term.

The presentation will last for 60 minutes and is an interactive opportunity for students to learn about and discuss:

- What is cancer?
- Common signs and symptoms
- How is cancer treated?
- How can I support someone with cancer and what support is available for me?
- Healthy living and cancer prevention for the future

By the end of the session all students should know more about early warning signs and how they can reduce their risk of cancer later in life. Throughout the presentation students will be encouraged to become the experts of their own body and to speak to health professionals about any concerns.

The presentation will be given by a trained professional speaker from Teenage Cancer Trust and is delivered in a sensitive way. If you have any concerns, please do speak to the school and we will ensure that your child is supported.

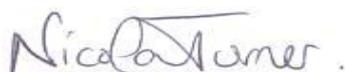
Improved awareness can help to stop cancer before it starts, and break down fears about cancer. For more details, please read the Transforming Cancer Knowledge report at the following link: <https://www.teenagecancertrust.org/about-us/news/roger-daltrey-and-jane-sutton-support-our-call-cancer-education-all-secondary-schools>

Teenage Cancer Trust want your child to have this opportunity to learn about cancer and feel more able to talk openly about their health because it's been proven to make a difference. Please do support this by talking to your child about what they have learned and encouraging them to be open about any health concerns they may have. Leaflets will be handed out at the end of the presentation that cover the main points and may be of interest to you.

Should you have any concerns about your child taking part in this event please ask contact Year10admin@helsbyhigh.org.uk or Mrs. Turner directly on nturner@helsbyhigh.org.uk.

Many thanks in advance for your support.

Yours sincerely



Mrs N Turner
Year 10 Year Leader

¹ <https://www.teenagecancertrust.org/about-us/news/roger-daltrey-and-jane-sutton-support-our-call-cancer-education-all-secondary-schools>