

HELSEBY

High School



Achieving Success
Valuing Others

Enrichment Programme Autumn 2017

* Subject to change

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At The Helsby High School, we offer a lot more than academic excellence. We offer a wide range of activities to all students from all Year groups. Enrichment helps students to develop their interests and abilities, provides valuable learning experiences outside their studies, and promotes many of our core values such as independence and interpersonal links with students in other Years.

Activities include: Music; which is vibrant - Students can join the orchestra, string, woodwind and brass chamber ensembles and the choir, with many opportunities to publicly perform. Sport; There are a wide range of team and individual sports to choose from. Our students compete against local schools and in national tournaments.



Monday

Extra Curricular Opportunities

Activity	Location	Staff	Time
PE			
Basketball (all years)	SH	PPA	Break time & lunch time
Fitness Suite		MSM	Lunch time & 15:05-16:30
U14s Basketball	SH	PPA/DEV	15:05-17:15
KS4 & 5 Football		MBE	15:05-16:30
Music			
Flute Ensemble (all ability)	C36	BHU/DHE	Lunch time
Guitar Groups	C36	BHU/DHE	15:05-16:15
Drama			
KS3 Drama Group	DS1	VCR	Lunch time
Pastoral			
KS3 Quiet Room	C20 & C17	Various	Lunch time
The Hub	A60	Various	Break time & lunch time



Tuesday

Extra Curricular Opportunities

Activity	Location	Staff	Time
PE			
Basketball (all years)	SH	PPA	Break time & Lunch time
Fitness Suite		MSM	Lunch time & 15:05-16:30
Boys Cross-Country		MBE	Lunch time
U16 & 19s Basketball	SH	PPA	15:05-17:15
U12s Basketball	GYM	DEV	15:05-17:00
Yr8 Football		MBE	15:05-16:30
Netball (all years)	Tennis Courts	RCL	15:05-16:30
Girls Cross-Country		NWI	15:05-16:15
Music			
Music Technology	C36	BHU/DHE	Lunch time
Junior Band (all instruments) Beginners – Grade 3	C33	BHU/DHE	Lunch time
Senior Band (wind, brass, string) Grade 3 & above	C36	BHU/DHE	15:05-16:15



Tuesday

Extra Curricular Opportunities

Activity	Location	Staff	Time
MFL			
KS3 Language Club	A66	VLE	Lunch time
Pastoral			
KS3 Quiet Room	C20/C17	Various	Lunch time
The Hub	A60	Various	Break time & lunch time
Other			
Homework Club	LRC	VFO	Before School & 15:05-16:00
Anime Club	A10	SCU	Lunch time



Wednesday

Extra Curricular Opportunities

Activity	Location	Staff	Time
PE			
Basketball (all years)	SH	PPA	Break time & lunch time
Fitness Suite		MSM	Lunch time & 15:05-16:30
Football fixtures		DWH/DME	After school
U15-19s Netball	SH	RCL	15:05-16:30
Girls Basketball	GYM	NWI	15:05-16:30
KS3-4 Rugby		JCA	15:05-16:30
Music			
Junior Choir (Yr7-8)	C36	BHU/DHE	Lunch time
Chamber Choir (Yr9 & above)	C36	BHU/DHE	15:05-16:15
Art			
Yr9 Photography	C27	DWI	15:05-16:00
Business, Economics & ICT			
Yr 8 Enterprise Club – Tycoon in School	DS1	VCR	Lunch time



Wednesday

Extra Curricular Opportunities

Activity	Location	Staff	Time
Pastoral			
KS3 Quiet Room	C20 & C17	Various	Lunch time
The Hub	A60	Various	Break time & Lunch time
Others			
Re-Charge	A8	King's Church	Lunch time



Thursday

Extra Curricular Opportunities

Activity	Location	Staff	Time
PE			
Basketball (all years)	SH	PPA	Break time
Basketball (all years)	Gym	PPA/DEV	Lunch time
Fitness Suite		MSM	Lunch time & 15:05-16:30
Boys Cross-Country		MBE	Lunch time
Y9 Football		MBE	15:05-16:00
U12s Basketball	GYM	PPA	15:05-17:00
Girls Football		NWI	15:05-16:15
U12&U14s Netball	SH	RCL	15:05-16:30
KS5 Rugby		JCA	15:05-16:30
Music			
Senior Choir (Yr9 & above)	C36	BHU/DHE	Lunch time
String Group (bowed string) invitation only	C33	BHU/DHE	Lunch time
Sax Group	Practice Room	BHU/DHE	Lunch time
Jazz Band (invitation only)	C36	BHU/DHE	15:05 – 16:15



Thursday

Extra Curricular Opportunities

Activity	Location	Staff	Time
History & Politics			
KS4 & 5 Debating Society	B38	CAT	Break time
KS3 History Film Club	B40	NLL	Lunch time
Design and Technology			
KS3 Enterprise Club	C44 & C6	RCN	Lunch time
Pastoral			
KS3 Quiet Room	C20 & C17	Various	15:05-16:30
The Hub	A60	Various	



Friday

Extra Curricular Opportunities

Activity	Location	Staff	Time
PE			
Basketball (all years)	SH	PPA	Break time
Basketball (all years)	SH	PPA/DEV	Lunch time
Fitness Suite		MSM	Lunch time & 15:05-16:30
U16 Basketball	SH	MBE	15:05-17:15
U14 Basketball	GYM	DEV	15:05-17:00
U7 Football		MBE	15:05-16:30
Music			
Folk Group (plucked string) all abilities	C36	BHU/DHE	15:05-16:15
Pastoral			
KS3 Quiet Room	C20 & C17	Various	Lunch time